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***Summer Assignment Task Instructions 2024/25 - Football Year 1***

*In preparation for starting your course in September we require you to complete a summer assignment that will form part of the steps to the success process. This assignment must be emailed to* [*justin.osborne@ieg.ac.uk*](mailto:justin.osborne@ieg.ac.uk) *before* ***Monday 2nd September 2024****.*

***Unit 2 Sports Coaching***

Over the year you will be involved within the Sports Coaching unit, we’ll look at the Theory behind being a good sports coach and will look at examples from what you have already experiences both positive & negative. This task will start you thinking about who delivers and what roles they take. Your task will involve describing the following :

Task 1 :

Conduct some research and make your own notes while looking into a PE Teacher, Activity leader and a volunteer grassroots coach.

Research the Roles & Responsibilities of a Sports Coaches - Voluntary in Grassroots (you current manager etc )

Research the Roles & Responsibilities of an Activity Leader at a Kingswoord or PGL Camp

Research the Roles & Responsibilities of a PE teacher

**Roles of Sports Coaches, PE Teachers & Activity Leaders**

Role model Motivator

Planner Instructor

Mentor Facilitator

Demonstrator Adviser

Supporter Fact finder

Counsellor Organiser

Using the information you have found you now have a choice to either ***make your own table or create 4 slides or 4 good paragraphs*** on the 3 leaders.

| **Leader** | **Describe What they do ? (100 words)**  **Duties/responsibilities (P)**  **Why are the duties/responsibilities important ? (M)** | **Roles x 2 described**  **what is the role (P) & why is it important (M)?** | **Examples of real people doing the job (P)**  **“My PE teacher Mr Smith will always…….. this is vital because….” (P&M)** |
| --- | --- | --- | --- |
| Sports Coach |  |  |  |
| Sports Leader (e.g. PGL or Kingswood leader) |  |  |  |
| PE Teacher |  |  |  |

•**Sports Coach** (e.g. focus more on performance and reaching the peak, are usually focused on one sport, may work with a broad range of abilities from beginners to elite performers, may use a range of analysis techniques to enhance performance)

•**Sports/activity leader** (e.g. concerned with ‘sport for all’, about taking part and being active rather than skill development, often across a range of activities, may not be sports based)

•**PE Teacher** (e.g. focus on health and wellbeing, have to teach more than one sport, have a broader social responsibility, within the constraints of the curriculum and school/college policies)

Don't Forget:

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**TIPS:**

*Ensure you have described, this means to talk about the details within a couple of paragraphs*

*Explain the “why” this could mean giving reasons to back up what you are saying*

*Proof read what you have written, a 5 min check could make all the difference*