

Simon Chester – Course Coordinator – Level 2 in Sport

Unit 9 Planning and Leading Sports activities - Summer Task - Skills, Qualities & Responsibilities of a Sports Leader

Know the skills, qualities, and responsibilities associated with successful sports leadership - In a presentation complete the following while comparing two leaders within the world of sport. You will deliver this presentation to the rest of the class in September so be creative and informative.

1 - Introduction to the Leader - Background and achievements

2 - Highlight and give examples of 4 Skills they possess, 4 personal Qualities, and 4 Responsibilities they have in their role.

3 - Compare the two leaders, who would you work best with and why?

4 - List 2 skills, personal qualities, and responsibilities you currently have.

Extension Task - Do 4 slides on the three main Leadership Styles, Link to a sporting leader, and give examples of why this leader has this leadership style. The final slide is about your own Leadership style, which one are you? and why? give examples.

Autocratic, Democratic, and Laissez-faire.

Remember the following

Skills: i.e. sport-specific skills; leadership skills; communication skills; demonstration skills; organizational skills.

Qualities: i.e. personal skills (e.g. ability to motivate, use of a range of leadership styles, friend, motivator, planner, manager, instructor/teacher).

Responsibilities: i.e. knowledge of rules and regulations; knowledge of participants' needs; knowledge of etiquette; health and safety.

Sporting role models: (e.g. captains, managers, coaches at all levels, sports/PE teachers).